



Appetizer



French Fries.....	\$3.50	
w/BR Gravy.....	\$6.00	
Cheese French Fries: Cheese: (1)...	\$4.20 (2)...	\$4.90
(3) \$6.10...(4) \$6.60...Add Br Gravy...	\$ 2.50	
Garlic Bread.....	\$5.80	
w/ Mozz.....	\$6.80	
Hot Tamales Balls (6) \$7.90 (12).....	\$11.60	
Hush Puppies (8).....	\$3.00	
Potato Salad (2 scoops).....	\$5.10	
Fried Sweet Potatoes.....	\$5.60	
Crawfish Pie.....	\$7.00	
Crab Claws (Fried).....	Market Price	
Stuffed Artichoke.....	\$14.50	
Shrimp Remoulade.....	\$11.00	
Barbecue Shrimp (Seasonal) Portion.....	Market Price	
Jalapeño Stuffed Crab Peppers	\$9.40	
Boiled Shrimp (Seasonal) Portion.....	Market Price	
Boiled Crawfish (Seasonal) Portion.....	Market Price	
Crab Pie	\$7.00	
Onion Rings	\$9.10	
Eggplant (5) w/Red Sauce	\$8.50	
Fried oyster appetizer (6)	\$8.70	

Soups

Seafood Gumbo			
Cup.....	\$6.50	Bowl.....	\$8.50
Oyster Soup			
Cup.....	Market price	Bowl.....	Market Price
Vegetable (with Beef)			
Cup.....	\$5.50	Bowl.....	\$7.50

Salads

Shrimp Salad Lg	\$13.95	Sm	\$11.05
Italian Toss Salad Lg.....	\$9.10	Sm.....	\$7.60
Lg w/Olives.....	\$10.10	Sm w/Olives.....	\$8.60
Artichoke Hearts & Lettuce w/Italian Dressing:			
Lg.....	\$10.50	Sm.....	\$7.90
Lettuce & Tomatoes w/Italian Dressing:			
Lg.....	\$7.50	Sm.....	\$6.00
Lettuce with Italian Dressing:			
Lg.....	\$6.70	Sm	\$5.60
Grilled Chicken Salad			
Lg.....	\$13.10	Sm	\$11.10

Specialty Sandwiches

5"Half.....	9"Whole		
R & O Special.....	\$9.30	\$11.50
Ham & Roast Beef w/Swiss Cheese			
Roast Beef	\$7.75	\$10.05
Italian Roast Beef.....	\$8.25	\$10.55
Italian Combo	\$9.30	\$11.50
(Meatball/Italian Sausage w/Red Gravy & Cheese)			
Muffaletta.....	\$10.50	\$15.00
French Fries.....	\$4.95	\$7.25
W/Brown Gravy.....	\$6.50	\$9.10

Sandwiches

	5"Half		
9"Whole			
Ham.....	\$6.10	\$8.40
Ham & Cheese*.....	\$6.60	\$9.10
Hot Sausage.....	\$6.00	\$8.30
Hamburger (or on Bun)	\$7.20	
\$9.40			
Grilled Chicken	\$7.50	
.....\$9.80 Grilled Tuna			
\$8.40	\$11.30	
Smoked Turkey Breast. .	\$6.00	\$8.30
Shrimp.....	\$8.70	\$13.00
Oyster.....	\$9.30	\$17.70
Fish.....	\$8.25	\$12.25
Stuffed Crab.....	\$7.90	\$10.20
Meatball (w/Mozzarella)	\$6.50	\$8.80
Italian Sausage **.....	\$6.50	\$8.80
Veal Parmesan **.....	\$8.50	\$10.80
Chicken Parmesan **.....	\$7.60	\$9.90
Soft Shell Crab.....	MARKET		
Soft Shell Crab Parmesan **..	MARKET		
Stuffed Crab Parmesan **	\$8.90	\$11.20
Eggplant Parmesan**.....	\$7.60	\$9.90

Dressed (Lettuce, Tomatoes, Mayo & Pickles)

Add.....\$0.50\$0.70

Any of the above w/Butter or Cheese

Add.....\$0.50\$0.70

* *Choices include: American, Cheddar, Mozzarella or Swiss Cheese*

** *With Red Gravy & Mozzarella*

(No Substitutions)

Specialty Items CANNOT be Returned◆◆◆

Lunch Specials ◆◆◆

(Monday – Friday Till 3:00 p.m.)

Roland Jr.'s Seafood Stew w/Rice or Pasta	\$9.95
Spaghetti & Sauce.....	\$6.65
Meatball & Spaghetti.....	\$8.65
Lasagna.....	\$8.95
Italian Sausage.....	\$8.65
Eggplant Parm w/Mozz & Pasta.....	\$8.95
Veal Parmesan (w/Mozzarella & Pasta).....	\$9.35
Chicken Parmesan (w/Mozzarella & Pasta).....	\$8.95

WE SERVE ANGEL HAIR PASTA ONLY

Pizzas

Thin Crust

	<u>Ind. (8")</u>	<u>Med. (12")</u>	<u>Lg. (14")</u>
Cheese	\$6.10	\$8.50	\$10.50
Each	\$1.90	\$2.20	\$2.30
Topping			

Thick Crust

	<u>Ind. (8")</u>	<u>Med. (12")</u>	<u>Lg. (14")</u>
Cheese	\$6.50	\$8.90	\$11.00
Each	\$2.00	\$2.30	\$2.40
Topping			

TOPPINGS:

Cheese, Pepperoni, Italian Sausage, Onion, Meatball, Green Pepper, Smoked Bacon, Salami, Mushrooms, Canadian Bacon, Black Olives, Fresh Tomatoes, Chopped Garlic, Anchovies, Jalapeño Peppers, Sliced Turkey

Shrimp : Add \$4 (sm), \$5 (med), \$6 (lg)

Artichoke Hearts: Add \$1.10



Dinners



Roland 's Seafood Stew w/Rice or Pasta.....	\$15.25
Seafood Platter (5 Shrimp, 5 Oysters, Fish, French Fries)	
W/Stuffed Crab.....	\$19.50
W/Soft Shell Crab.....	\$26.85
Stuffed Crab Parmesan **.....	\$14.90
Soft Shell Crab Parmesan**	MARKET

PRICE

Veal Parmesan **.....	\$15.60
Chicken Parmesan **.....	\$15.20
Stuffed Crab Plate (2 Crabs, French Fries).....	\$13.40
Shrimp Plate (French Fries)	\$16.00
Oyster Plate (French Fries)	\$18.70
Fish Plate (French Fries)	\$15.80
Soft Shell Crab Plate (2 Crabs, French Fries)	MARKET
Lasagna.....	\$14.20
Meatballs & Spaghetti.....	\$11.95
Italian Sausage & Spaghetti.....	\$11.95
Spaghetti & Sauce (Meat).....	\$8.80
Grilled Chicken w/Red Gravy & Pasta	\$13.60
Eggplant Parmesan w/Mozz & Pasta.....	\$14.40
Grilled Tuna (1 pc) w/red gravy & pasta.....	\$15.50
Fettuccini Sauce over angel hair pasta.....	\$11.95
Shrimp Fettuccini over angel hair pasta.....	\$19.90
Grilled Chicken Fettuccini.....	\$17.90
Grilled Tuna Fettuccini.....	\$21.90
Substitute Sweet Fries or Potato Salad.....	\$2.90

Red Gravy made with meat/ANGEL HAIR PASTA ONLY

Children's Plates

Shrimp w/French Fries.....	\$9.65
Stuffed Crab (1 Crab) w/French Fries.....	\$8.65
Meatball (1) & Spaghetti.....	\$8.65
Fish w/French Fries.....	\$8.75
Oysters w/French Fries.....	\$9.65
Soft Shell Crab (1 Crab) w/French Fries	MARKET
Fried Chicken Breast w/French Fries.....	\$7.65
Spaghetti and sauce (Meat).....	\$6.60
Grilled Chicken w/Red Gravy & Pasta.....	\$9.45
Substitute Sweet Fries or Potato Salad.....	\$2.50
Burger Patty w/ French Fries.....	\$7.95

Desserts

Hot Bread Pudding w/Rum Sauce.....	\$5.00
Specialty Pies.....	\$6.00

Beverages

Coffee & Tea: FREE REFILLS

Coffee.....	\$1.50	Iced Tea.....	\$2.00
-------------	--------	---------------	--------

Sodas: FREE REFILLS . \$2.00

Coke, Diet Coke, Dr. Pepper, Barq's, Cream Soda, Sprite, and Lemonade

Barq's in Bottle.....	\$2.50	Diet Barq's Can.	\$2.00
Diet Dr. Pepper/CokeZero in Can	\$2.00		
Kid drinks (To Go Cup).....	\$2.00		

Milk & Fruit Juices: No free refills

Milk.....	\$3.00	Fruit Juices*	\$3.00
Bottled Water.....	\$2.00	*Assorted Flavors	
Hot Tea.....	\$2.00		

Spirits:

Mixed Drinks.....	\$6.00
Wine (Per Glass).....	\$6.50
(Red, White, Zinfandel)	
Kendell Jackson	\$7.00 (Per Glass)

R&O's Homemade BLOODY MARY'S.....\$8.00

BEER

<u>Draft</u> : ULTRA.....	\$4.00	Pitcher.....	\$15.00
<u>Draft</u> : Amber.....	\$4.00	Pitcher	\$15.00
Corona.....	\$4.50	Budweiser.....	\$4.00
Bud Lite.....	\$4.00	Dixie.....	\$4.00
Heineken.....	\$4.50	Michelob Ultra..	\$4.00
Miller Lite.....	\$4.00	Coors Lite.....	\$4.00
Abita Amber.....	\$4.50		

Non-Alcoholic:

O'Doul's.....	\$3.00
---------------	--------

R & O's **Restaurant**

Established 1980



216 Old Hammond Hwy.
Metairie, LA

831-1248

www.r-opizza.com

Hours

Sunday

11:00 AM – 9:00 PM

Monday-Tuesday

11:00 AM – 3:00 PM

Wednesday-Thursday

11:00 AM – 3:00 PM

5:00 PM – 9:00 PM

Friday

11:00 AM – 3:00 PM

5:00 PM – 10:00 PM

Saturday

11:00 AM – 10:00 PM